



**Inclusion criteria:**

- Neuromuscular patients undergoing major lower extremity orthopedic procedures

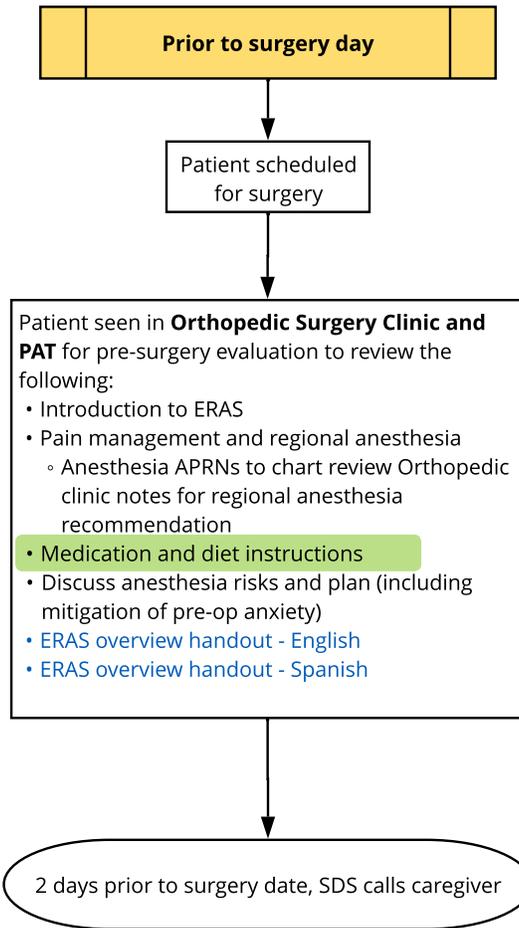
**Exclusion criteria:**

- Neurotypically developed patients
- Neuromuscular patients undergoing soft tissue work only
- Neuromuscular patients undergoing hardware removal only

**Medication/diet instructions received at PAT:**

- **Medication:**
  - Patient takes all normal daily medications morning of surgery unless specifically instructed to stop
- **Diet:**
  - Standard NPO guidelines
  - Carbohydrate-rich drink (Gatorade, Powerade, or Pedialyte) encouraged when NPO until 2 hours prior to procedure time
- **Arrival time/location**

**Abbreviations (laboratory and radiology studies excluded):**  
 NPO - Nothing by mouth  
 PAT - Pre-Admission Testing  
 SDS - Same Day Surgery



[Intraoperative to discharge algorithm](#)